



THE 2ND ANNUAL **TIMEOUT** For Veteran's HEALTH

**Tour the Redskins locker room...
Get a player's perspective of FedExField...
Be proactive about your health!**

WHAT: In recognition of Veterans Day, the Washington Redskins, GlaxoSmithKline and other Health & Wellness partner organizations are hosting a unique screening and education event in the Redskins team locker room at FedExField to encourage men and women military veterans to be proactive about their health. Learn how to do more, feel better and live longer!

Participating male and female veterans will have the opportunity to receive a comprehensive series of free health screenings including: asthma, cholesterol, diabetes, osteoporosis, blood pressure, prostate exams, body fat, grip strength, mammograms, ocular exams and patient health educational materials for men and women on various health conditions.

Be sure to bring your family and camera as you tour the Redskins locker room and get a "players view" of FedExField! We'll have games for your kids, snacks and refreshments, and discounts on Redskins retail merchandise!

WHERE: Redskins Locker Room, FedExField, Landover, MD

WHEN: Saturday, November 7, 2009 10 a.m. - 3 p.m.

WHO: Military Veterans (Men and Women), all ages

Space is limited. Visit www.redskins.com/healthandwellness or call 866-543-6461 ext. 120 to register.

The best defense is a good offense!



MEDICAL FACULTY ASSOCIATES
THE GEORGE WASHINGTON UNIVERSITY

PCEC PROSTATE CONDITIONS
EDUCATION COUNCIL

start! | American Heart Association
Learn and Live



REDSKINS
Health&Wellness

Women Heart
The National Coalition for Women with Heart Disease



American Legion

American Veterans (AMVets)

Blinded Veterans Association

Disabled American Veterans (DAV)

Iraq and Afghanistan Veterans of America (IAVA)

Military Officers Association of America(MOAA)

Military Order of the Purple Heart

National Association for Black Veterans (NABVETS)

Paralyzed Veterans of America (PVA)

Veterans Enterprise Training and Services Group (VETS group)

Veterans of Modern Warfare

Vietnam Veterans of America (VVA)

Veterans of Foreign Wars (VFW)