Integrative Health and Wellness Program at the DC VAMC
Room 1E 390          Phone: (202) 745-8000 x 53882

If you are interested in these services, please ask your provider to place a consult for the Integrative Health and Wellness (IHW) Program. After your provider places the consult, you will be contacted to schedule an orientation session. Attending the orientation is mandatory before participating in IHW Program services. Orientation length: Approximately 1 hour.

THE IHW PROGRAM AT THE WASHINGTON, DC VETERANS AFFAIRS MEDICAL CENTER IS PLEASED TO OFFER A NUMBER OF INTEGRATIVE WELLNESS GROUPS

- Gentle Yoga
- iRest Yoga Nidra & Meditation
- Tailored Group Acupuncture
- Integrative Nutrition
- T’ai Chi & Qigong
- Whole Health Group
- Wellness Massage

Instructions for Providers
To place a consult for the Integrative Health and Wellness Program, please use the instructions on the back of this flyer. Any VA provider can submit a consult to the IHW program. In order to complete the submission and have access to all the available services, clearance from a medical provider is REQUIRED.
Providers can follow these easy instructions to submit a consult for a Veteran who wants to participate in the Integrative Health and Wellness (IHW) Program Groups.

1. In CPRS, select the Veteran being referred
2. Select the “Consults” tab on the bottom of the screen
3. At the top of the screen, select “Action” then “New…” then “Consult”
4. Under “Consult to Service/Specialty” place the consult for “Integrative Health And Wellness Consult”
5. Click the “Accept Order” button
6. Select “Continue” after reading the details on the Service Prerequisites screen
7. Complete all the fields of the consult.
   Be sure to indicate whether the veteran is:
   - accompanied by a caregiver or service animal
   - Wheelchair-bound

Clearance to participate from a Medical Provider is REQUIRED. If you are not a medical provider, notify the PCP to get clearance for the Veteran to participate.

Identify any conditions IHW providers should be aware of (ex: spinal cord injury) and the reason for referral.

Select all services recommended for the Veteran.

Your referral will be sent to the IHW program coordinator and the Veteran will be contacted to be scheduled for the mandatory orientation session.