

MIRALAX (Polyethylene Glycol) COLONOSCOPY SPLIT-DOSE PREPARATION

Date of Test: _____ **Appointment Time:** _____ **Check-In:** _____

- REPORT TO **GI CHECK-IN, ROOM # 3 A-166A** (3RD FLOOR, turn right off elevator, 1ST door to your left)
- AN ADULT **MUST ACCOMPANY YOU AT THE TIME OF CHECK-IN AND STAY UNTIL YOU ARE RELEASED.**
- YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE AN ADULT TO TAKE YOU HOME.

7 DAYS BEFORE TEST Date: _____	1 DAY BEFORE TEST Date: _____	DAY OF TEST Date: _____														
<p>Be sure a ride is arranged</p> <p>✓ Stop taking the following medications 7 days before, until after the test:</p> <ol style="list-style-type: none"> 1. Iron 2. Multivitamins 3. Metamucil or other fiber products 	<p>✓ DO NOT EAT ANYTHING SOLID</p> <p>✓ Start Clear Liquid Diet ALL DAY when you wake up: Please refer to the Clear Liquid Diet Sheet for details.</p> <p>✓ Take four (4) Bisacodyl (Dulcolax) Tabs at 12 noon.</p> <p>✓ Mix entire bottle of Miralax (Polyethylene Glycol) in 64 ounce bottle of Lemonade flavored Gatorade (Diabetics, please use low sugar or sugar free Gatorade)</p> <p>✓ Drink half of the bottle (32 ounces) between 6pm- 8pm.</p> <p>✓ Be prepared to have lots of diarrhea. Continue to drink water. Throughout the night.</p> <p>✓ Diabetics: Take only half dose of your diabetic medication.</p>	<p>Do not Eat Anything!!!</p> <p>Do Not Chew GUM!!! Do not drink Coffee!!</p> <p>Drink second half of bottle (32 ounces) of Miralax (Polyethylene Glycol) between _____ am.</p> <p>DO NOT DRINK ANYTHING AFTER _____.</p> <p>Diabetics: DO NOT take your diabetes medications.</p> <p>You may take the following medications with sips of water:</p> <ol style="list-style-type: none"> 1. Heart 2. Blood Pressure 3. Pain 4. Seizure 5. Organ Transplant 6. Parkinson's 7. Thyroid 														
<p>You must contact your primary care physician If you take these medications:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">1. Coumadin [Warfarin]</td> <td style="width: 50%;">8. Apixaban [Eliquis]</td> </tr> <tr> <td>2. Plavix [Clopidogrel]</td> <td>9. Fondaparinux [Arixta]</td> </tr> <tr> <td>3. Aggrenox [Aspirin-Dipyridamole]</td> <td>10. Enoxaparin [Lovenox]</td> </tr> <tr> <td>4. Dabigatran [Pradaxa]</td> <td>11. Edoxaban</td> </tr> <tr> <td>5. Dalteparin [Fragmin]</td> <td></td> </tr> <tr> <td>6. Xarelto [Rivaroxaban]</td> <td></td> </tr> <tr> <td>7. Cilostazol [Pletal]</td> <td></td> </tr> </table>		1. Coumadin [Warfarin]	8. Apixaban [Eliquis]	2. Plavix [Clopidogrel]	9. Fondaparinux [Arixta]	3. Aggrenox [Aspirin-Dipyridamole]	10. Enoxaparin [Lovenox]	4. Dabigatran [Pradaxa]	11. Edoxaban	5. Dalteparin [Fragmin]		6. Xarelto [Rivaroxaban]		7. Cilostazol [Pletal]		
1. Coumadin [Warfarin]	8. Apixaban [Eliquis]															
2. Plavix [Clopidogrel]	9. Fondaparinux [Arixta]															
3. Aggrenox [Aspirin-Dipyridamole]	10. Enoxaparin [Lovenox]															
4. Dabigatran [Pradaxa]	11. Edoxaban															
5. Dalteparin [Fragmin]																
6. Xarelto [Rivaroxaban]																
7. Cilostazol [Pletal]																
<p>____ START TAKING MIRALAX (POLYETHYLENE GLYCOL)</p> <p>TWICE A DAY on _____.</p>		<p>Bring VA ID or another photo ID</p>														

*****If you have questions or wish to cancel the procedure, you may call 202-745-8523.**

Revised 12/19/17

Rose